

**SACHDEVA GLOBAL SCHOOL**  
**ACTIVITY PLANNER - APRIL-MAY 2019**  
**CLASSES : III - V**

MON	TUES	WED	THUR	FRI	SAT	SUN
<b>1</b> कक्षा में पहला दिन चर्चा-परिचर्चा (Class III)	<b>2</b> Computer: Creating Files and Folders in Windows 10 (Class IV)	<b>3</b> EVS: Role Play-Nervous System (Class V)	<b>4</b> WELCOME ASSEMBLY (Class XII)	<b>5</b> Math: Representing Numbers on Abacus (Class III)	<b>6</b> S A T U R D A Y	<b>7</b> S U N D A Y
<b>8</b> English: Homophones and Homographs (Class IV)	<b>9</b> कक्षा के विधार्थियों के नाम का वर्ण विच्छेद (Class V)	<b>10</b> Computer: Write the missing Step - Input, Process or Output (Class III)	<b>11</b> PRANAYAM (Class III-IX)	<b>12</b> EVS: Group Discussion on "Impact of Deforestation on the Environment" (Class IV)	<b>13</b> Holiday: R A M N A V M I	<b>14</b> S U N D A Y

MON

TUES

WED

THUR

FRI

SAT

SUN

15

Math:  
Indian Place Value  
Chart  
(Class V)

16

English:  
Functional  
Classification of  
Words  
(Class III)

17

Holiday

M  
A  
H  
A  
V  
I  
R  
  
J  
A  
Y  
A  
N  
T  
I

18

Assembly-  
"A Civilization is a  
Heritage of Beliefs,  
Customs and  
Knowledge"  
(Class X A)

19

Holiday

G  
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D  
  
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D  
A  
Y

20

Inter House  
Cricket  
(Classes III-V)

21

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D  
A  
Y

22

विद्यार्थी अपने प्रिय  
मित्र के नाम का वर्ण  
विच्छेद करेंगे  
(Class IV)

23

Computer:  
Create a PPT on  
Topic- "Inventors  
and Their  
Inventions"  
(Class V)

24

Inter House  
Skating  
(Classes III-V)

25

Assembly-  
"I believe in God, I  
Spell it Nature"  
(Class X-B)

26

EVS:  
Role Play on "Parts of  
Body  
(Class III)

27

S  
A  
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R  
D  
A  
Y

28

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A  
Y

MON

29

Math:  
Indian Place Value  
Chart  
(Class IV)

TUES

30

English:  
Dictionary Games  
(Class V)

WED

1

Inter House Kho-  
Kho

THUR

2

Assembly-  
"Technological  
Advancement-  
Towards Boom or  
Doom?  
(Class X-C)

FRI

3

EVS:  
Collage Making on  
Types of Food  
(Class III)

SAT

4

P  
T  
M  
  
(Classes  
III-IX)

SUN

5

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A  
Y

6

Computer:  
Inserting Objects in  
a PPT  
(Class IV)

7

EVS:  
Making  
Illustration Cards  
on any 5 Famous  
Mountaineers  
(Class V)

8

Inter House  
Electro Band  
Competition

9

Pranayam  
(Classes III-XII )

10

Math:  
Identify Odd or  
Even Numbers  
(Class III)

11

S  
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D  
A  
Y

12

S  
U  
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A  
Y

13

EVS:  
Exploration About  
the Methods of  
Farming  
(Class IV)

14

Math:  
Magic Square  
(Class V)

15

English:  
Dictionary Games  
(Class III)



## CO - CURRICULAR ACTIVITIES

### AEROBICS

**CLASS III:** 1) ON SPOT WARMING UP EXERCISES 2) MASS. P.T. EXERCISE ON COUNTS  
**CLASS IV:** 1) SIMPLE STEP TOUCH 2) DOUBLE STEP TOUCH 3) V RIGHT & V LEFT  
**CLASS V:** 1) SINGLE STEP TOUCH WITH ARMS MOVEMENT 2) DOUBLE STEP TOUCH WITH ARMS MOVEMENTS 3) V RIGHT & V LEFT WITH ARMS MOVEMENT  
 4) FORWARD & BACKWARD STEPS ON COUNT 5) ROLE PLAY- NERVOUS SYSTEM

### DRUMS

INTRODUCTION OF STAFF NOTATION AND CLEF SINGLE STROKE PRACTICE

### GUITAR

INTRODUCTION OF GUITAR ALTERNATE PICKING PRACTICE CHROMATIC FINGER EXERCISE

### INDIAN DANCE

GANESHA SHLOKA AND VANDANA GURU SHLOKA  
 NAMASKAR IN DANCE KNOWLEDGE OF CLASSICAL DANCES OF INDIA

### INDIAN VOCAL MUSIC

INTRODUCTION OF TOPIC-HINDUSTANI SASTRIYA GAAYAN SHUDH SWAR ALANKAR  
 PRACTICE OF FIRST 4 SARGAMS TAAL - DADRA

### PIANO

INTRODUCTION OF INSTRUMENTS CORRECT SITTING POSTURE AND PLAYING  
 HAND'S POSITION KEYS RECOGNITION/ FINGER NUMBERS

### WESTERN DANCE

SONG FOR A MONTH 'MAMBO NO. 5'  
 INTRODUCTION OF JAZZ, HAND AND FEET POSITION ROLL DOWNS

### WESTERN VOCAL MUSIC

EXERCISES WITH SEVEN NOTES EXERCISES WITH FIVE TONE SCALES & ARPEGGIO SONG : YOU ARE MY SUNSHINE  
 PRAYER : SHOWERS OF BLESSINGS

### YOGA

**APRIL:** 1) YOGA PRAYER 2) DEFINITION OF YOGA AND ITS IMPORTANCE  
 3) TADASANA 4) PADMASANA 5) SURYA NAMASKARA  
 6)UDGEET PRANAYAM & BENEFITS  
**MAY:** 1) IMPORTANT GENERAL INSTRUCTIONS 2) ANULOMA-VILOMA PRANAYAMA  
 3) URIKSHASANA 4) VAJRASANA 5) SURYA NAMASKARA